

The Best TAR HEEL BARBECUE: Manteo To Murphy

For Release: Immediately

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The Best TAR HEEL BARBECUE Book Is Being Called "Finest Barbecue Book Ever Written"

New Book On N.C. Barbecue Reviews Local Restaurants

A new book about North Carolina barbecue is being called the "finest barbecue book ever written."

The Best TAR HEEL BARBECUE: Manteo to Murphy features more than 140 barbecue places, including several nearby restaurants. In addition, author Jim Early provides a history of North Carolina barbecue as well as recipes for barbecue, sauces, slaw, brunswick stew, hushpuppies and banana pudding.

Doug Marlette, the award-winning novelist and cartoonist, is calling the book, "The finest barbecue book ever written. I could smell it, taste it, marinate in it. I wanted to eat this book." David Holt, an author and a Grammy-winner, said the book is "destined to become the barbecue bible for country gourmets."

The book is available at Lowes Food stores, at various barbecue restaurants and by ordering a copy over the phone at 1-336-768-2547.

Proceeds from sale of the book go to Special Olympics North Carolina. Clifton Barnes, a UNC graduate and resident of Cary, edited the book.

An attorney, gourmet cook, sportsman and motivational speaker, Early was born in Henderson and now lives in Winston-Salem. He also donated his time to help the flood victims in Eastern North Carolina during the last flood.

"I have yet to eat barbecue that I enjoy as much as I do the good barbecue of North Carolina," said Early, who said he is partial to the Eastern North Carolina pig pickin' style. "It was my passion for the pursuit of a 'pretty pig' that prompted me to write this book."